

## LAKE GROVE ENT, P.C.

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You are scheduled for allergy testing on: \_\_\_\_\_ at \_\_\_\_\_.

Please be sure to wear a loose fitting or short sleeve shirt for the testing, sleeveless would be best if you have one. The testing itself can take 1 ½ -2 hours. Please leave enough time in your schedule.

We would like you to fill out and bring in the attached allergy questionnaire with you to this appointment. We will discuss your answers and decide which allergens would be appropriate for testing.

### **\*IF YOU HAD A KENALOG INJECTION YOU CANNOT HAVE ALLERGY TESTING DONE FOR 8 WEEKS FROM THE DATE OF YOUR INJECTION\***

**Remember: Do not take any prescription or over-the-counter antihistamines or decongestants prior to your testing. These medications will inhibit the responses we are looking for in the test results, and will give a false reading. If you are taking Allergra, Alavert, Atarax, Zyrtec, Claritin, Clarinex, Doxepin, or Loratadine these need to be avoided at least one week prior to testing. Vitamin C and the nasal antihistamine spray Astelin should be avoided 3 days prior to testing.**

You cannot be tested for allergies if you are currently taking a Beta-blocker. Beta-blockers are often prescribed for hypertension, cardiac problems, eye problems and migraine headaches. If you are currently taking a Beta-blocker, please bring it to our attention. We may need to try to change the medication before you can be tested. Also, please inform us if you are currently taking older antidepressants. These medications may also affect test findings.

### **\*PLEASE REFER TO THE LIST OF MEDICATIONS ON THE NEXT PAGE\***

Please check with your insurance company regarding coverage and payment information for allergy testing. Your insurance company might ask you for the CPT or Procedure codes that will be used for the testing; they are 95004 and 95024.

If you have any questions before your appointment, please do not hesitate to call our office: 503-699-0370.